

Is There a (Seminole) Doctor in the House? Answer Sheet

Native American Medicine Men and Women used plants to make remedies and medicine to cure illnesses and diseases. Use the information about Florida Native plants to match the Medicine plant (or plants- there may be more than one) with the symptoms to cure the illnesses. Not all plants listed are Medicine plants.

Red (Swamp/Florida) Maple
Leather (Leaf) Fern
Century Plant
Pond Apple
Marlberry
Gumbo Limbo
American Beautyberry
Canna
Satin Leaf
Sea Grape
Silver Buttonwood

Scouring Rush Horsetail
Firebush
Dune (Beach) Sunflower
Dahoon Holly
Yaupon Holly
Southern Blue Flag Iris
Southern Magnolia
Simpson's Stopper
Prickly Pear Cactus
Peperomia
Swamp Red Bay

Pickeral Weed
Slash Pine
Wild Coffee
Live Oak
White Indigo Berry
Bald Cypress
Sabal Palm
Saw Palmetto
Spanish Moss
Coontie

Illness	Symptoms	Medicine Plant(s)
Ballgame Sickness	sores, back, arm or leg pain, muscle pain	Red (Swamp, Florida) Maple
Bear Sickness	fever, headache, thirst	Leather (Leaf) Fern
Bird Sickness	diarrhea, vomiting, appetite loss	Canna, Silver Buttonwood, Simpson's Stopper
Cat Sickness	nausea	Canna
Cow Sickness	chest pain, digestive pain	Scouring Rush Horsetail, Dune (Beach) Sunflower, Southern Blue Flag Iris
Deer Sickness	numb/painful arms, legs, joints	Red (Swamp, Florida) Maple, Firebush
Grass Sickness	fever, headaches, weight loss	Leather (leaf) Fern
Ghost Sickness	grief, appetite loss, vomiting	Canna
Opossum Sickness	appetite loss, drooling	Canna
Rainbow Sickness	fever, stiff neck, backache	Red (Swamp, Florida) Maple, Leather (Leaf) Fern,
Snake Sickness	itchy, dry skin, rash	Silver Buttonwood, Firebush
Sun Sickness	eye pain, headache, fever, diarrhea	Leather (Leaf) Fern, Simpson's Stopper

SEMINOLE DOCTOR ANSWERS

Florida's Plants and the Native Americans

Teachers Manual

Illness	Symptoms	Medicine Plant(s)
Thunder Sickness	fever, dizziness, headache, diarrhea	Leather (Leaf) Fern, Silver Buttonwood
Wolf Ghost Sickness	digestive trouble, stomach pain, vomiting	Southern Blue Flag Iris, Canna, Scouring Rush Horsetail, Wild Coffee
Poison Ivy, skin rashes	itching, bumps, rash, redness	Silver Buttonwood, Firebush
Arthritis	joint swelling, stiffness and pain	Firebush
Insect bites	itchy, red bumps, pain, swelling	Dune (Beach) Sunflower
Bleeding	unstoppable heavy bleeding	Scouring Rush Horsetail
Cuts, bruises, sores, burns	same as illness	Silver Buttonwood, Scouring Rush Horsetail, Firebush, Dune (Beach) Sunflower, Southern Blue Flag Iris
Warts	same as illness	Dune (Beach) Sunflower
Tiredness	sleepy, tired, lethargic	Dune (Beach) Sunflower
Shock	fast heart beat, heavy breathing, fainting	Southern Blue Flag Iris
Coughs, colds, asthma	cough, stuffy nose, sore throat, trouble breathing	Peperomia, Wild Coffee,